

NJIOA presents

KNOW YOUR TRIGGERS

Sunday, June 27, 2021
2:00-4:00 PM EST

Two out of the area speakers will share their internal and external triggers.

You will have an opportunity to identify your triggers and write an action plan to manage them.

ZOOM LINK:

<https://us02web.zoom.us/j/83923443845?pwd=ZmlzeHdOdjlJdDlnOC9rdWp2bkM2dz09>

MEETING ID: 839 2344 3845

PASSCODE: 822040

DIAL IN (NEW YORK): 1 929 205 6099

\$5 suggested donation

Send checks to NJIOA, P.O. Box 827 Fair Lawn, NJ 07410.

Venmo and Zelle to njioapay@gmail.com

For more information contact

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